



OMAGH SUPPORT AND SELF HELP GROUP

5 Holmview Terrace
Omagh BT79 OAH

Tel: 028 8225 9877 Fax: 028 8225 877



Issue 11
September
2006

E-mail: osshg@hotmail.com/sharon@omaghbomb.co.uk

NEWSLETTER

HELLO—GOODBYE!!!!

As most of you are aware Sharon Watters left the Group in August 2006, to work nearer to her home in Armagh. The Committee members said goodbye to her at a lunch at the Silverbirch Hotel. We wish Sharon every success in the future, and we thank her for all her hard work throughout her time with us.

On the other hand, OSSHG Management Committee would like to welcome Donna McCauley as our new Project Worker. Donna will not only work on the development of the Archive project and official launch, but will increase working with those families from Bunrana, who have been affected by the 1998 atrocity.

We wish her well in her position

CLAUDY RESIDENTIAL

The Support Group's relationship with the Claudy Bombing Victims has been strengthened over the last year, and as a result of a joint collaborative, a residential week-end will take place at the **Rathmullen House Hotel on 6th to 8th October 2006 (Friday to Sunday)**. The week-end will comprise therapy and relaxation involving Art Therapy and Creative writing. Persons wishing to attend will be required to supply their own transport.

Places are limited for this week-end away. If you are interested please contact
Donna on 8225 9877.

8TH ANNIVERSARY SERVICE

On a dry, Sunday 13th August 2006 saw the eighth annual memorial service take place in the memorial garden. The dignified service of music, reflection and prayer was well attended by Group members and the wider Community alike.

NORTHERN IRELAND MEMORIAL FUND !!!

As part of a series of quarterly meetings with Victims Groups the N.I. Memorial Fund will be visiting the OSSHG office on **Wednesday 13th September 2006 at 10.30 am.**

The purpose of the meeting is to provide feedback to the Fund on how they can best meet the needs of Victims/Survivors.

If you would like to attend please contact **Fionna/Donna on 8225 9877**

DEVELOPING LINKS WITH BUNCRANA

As mentioned, Donna McCauley is responsible for a project that will develop links between Omagh and Bunrana families. An introduction meeting was held in Bunrana on **Wednesday 30th August** to generate ideas and find direction for this project. You will receive more information about this project in the near future.

ANNUAL GENERAL MEETING!!!!

The Annual General Meeting of Omagh Support and Self Help Group took place in the Silverbirch Hotel on **Tuesday 4th September 2006.** All Office Bearers were unanimously re-elected to their current positions for the forthcoming year.

SOCIAL ACTIVITIES

Coming up in October, we are hoping to organise a trip to an Ulster Rugby match. The exact date will be announced shortly, but the trip will take place on a **Saturday**, and will include the cost of a ticket for the rugby and the bus to get there.

Watch this space!!!!



ARCHIVE

There will soon be an official launch organised to recognise the hard work that has been involved in developing the Archive and the Website.

We are continuing to add Newspaper articles to the Archive, and are currently editing the media and audio material that will also soon be included. If anyone has any relevant information that they would like included in the Archive or would like to **volunteer** to input data feel free to contact **Donna on 8225 9877**.

VOLUNTEERS REQUIRED

In addition to Archive Volunteers we require **Volunteers** to help within the group generally. Are you interested in preparing the Newsletter or even editing it? Any skills you can bring to the group?? We look forward to hearing from you. Contact **Fionna/Donna on 8225 9877**.

TENTH GALA CELEBRATION OF CHRISTMAS PEACE

This year, the Peace Concert will be held in the **Waterfront Hall, Belfast, on WEDNESDAY 13th December 2006**, and will feature Kim Phuc survivor of the Vietnam War. Kim tours the world raising funds for her charity in aid of children injured through war and civil strife. In addition, Gospel Pianist Huntely Brown of the USA and Donna Malone (Guest Soprano with the Celtic Tenors) will perform. Sadly, this is the last year the Gala Celebration of Christmas Peace will take place.

If you are interested in tickets please contact **Fionna/Donna on 8225 9877**.

FREE REIKI SESSIONS !!!

We are very fortunate to have a fully qualified reiki therapist offer her services to our group members. Ms Connie Morrow will be in the Omagh Support and Self Help Group Office every **Thursday**.

Reiki channels energy in a particular pattern to heal and harmonise. It seeks to restore order to the body whose vital energy has become unbalanced.

If you wish to make an appointment or require any further information please telephone **Fionna/Donna on 8225 9877**.

Please note this will operate on a first come first served basis so do phone early to avoid disappointment.

UPCOMING COURSES!!!

The **Card Making for all Occasions** course due to start at the end of September will now only commence in January 2007.

BE-FRIENDING SERVICE

If you are interested in availing of our be-friending service or you require some further information please contact **Fionna** on **8225 9877**.

Please note our be-frienders are fully qualified and have been vetted through the appropriate procedures.

Total confidentiality will be ensured by our be-frienders at all times.

“This publication has received support from the Northern Ireland Community Relations Council which promotes a pluralist society characterised by equity, respect for diversity and independence. The views expressed do not necessarily reflect those of the Community Relations Council”.